

# What health care facilities need to know about the TEXAS WIC BREAST PUMP PROGRAM

**Texas WIC promotes breastmilk as the optimal source of infant nutrition and aims to help all mothers meet their breastfeeding goals.**

## What if my patient needs a pump?

**If pregnant,** WIC mothers should call their health insurance provider first to find out which breast pump options are offered through their plan.

**Once she has delivered,** if the breast pump issued does not meet her needs, she should contact WIC at **800-942-3678** as soon as possible to obtain a different pump.

Please note:

- ▶ WIC issues pumps only after the baby is delivered.
- ▶ The type of pump issued (manual, single-user or multi-user) is based on the need of the breastfeeding mom.

## Can a family member obtain a pump from WIC on mom's behalf?

- ▶ A WIC mother who has delivered her baby can appoint someone, age 16 or older, to pick up a breast pump.
- ▶ Have the mother call WIC to find out what they will need to bring to the clinic when collecting the pump.

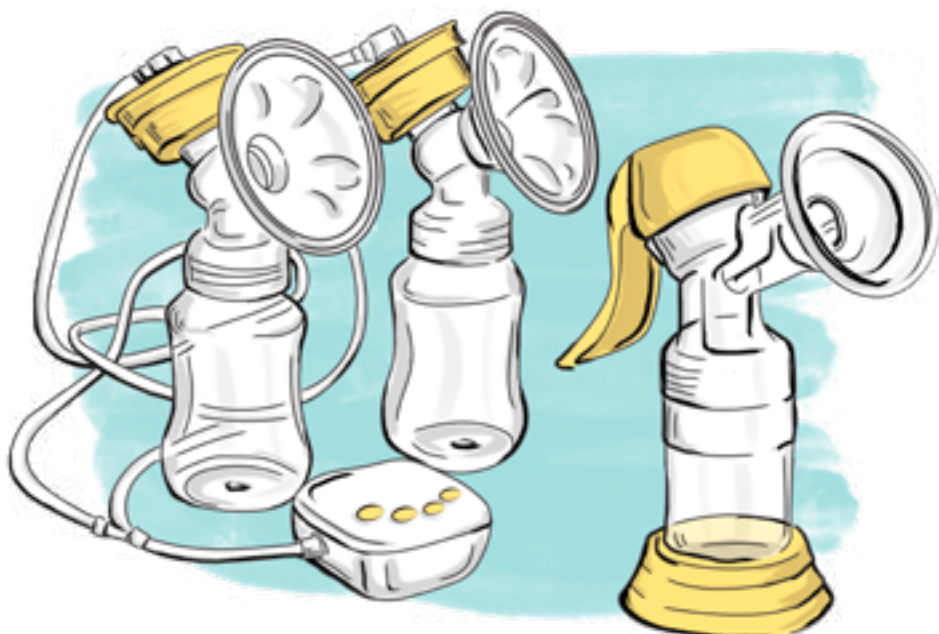
## What other breastfeeding support services does WIC offer?

- ▶ WIC's team of breastfeeding experts include International Board Certified Lactation Consultants (IBCLCs) and peer counselors.
- ▶ WIC can provide patient education on pump use, assembly and cleaning for any type of pump.
- ▶ Breast pump supplies may be given based on need and availability.

## How can I learn more about WIC breastfeeding and program services?

Visit **BreastmilkCounts.com** (English)  
or **CadaOnzaCuenta.com** (Spanish)

Call **800-942-3678**



## What if a mother is not enrolled in WIC?

The following resources are free and available to any mother, regardless of her WIC status:

### Texas Lactation Support Hotline

**855-550-6667**

*(The hotline is available 24 hours a day, 7 days a week, including holidays)*

### Texas Lactation Support Centers

**Lactation Care Center - Dallas**

214-670-7222

**Lactation Care Center - RGV - McAllen**

956-292-7711

**Lactation Foundation - Houston**

713-500-2800, option 1

**Lactation Support Center - San Antonio**

210-207-7138

**Mom's Place - Austin**

512-972-6700

Other resources visit:

**texaswic.org/breastfeeding/were-here-help**